

MEN INDOOR

55H	Jewdyer Osborne	7.50	1998
60H	Adam Goldberg	8.24	2006
55M	Chris Coleman	6.34	1989
60M	Dan Walker	7.04	2007
200M	Cazal Arnett	21.72	2008
300M	Omar Eldakar	35.4	2000
400M	Cazal Arnett	47.79	2008
500M	Christian Smith	1:04.72	2008
600M	Steve Cohen	1:24.6	1981
800M	Frank Savinon	1:53.08	2003
1000M	Kevin Kirk	2:30.62	2002
1500M	Jose Martinez	3:58.8	1980
Mile	Casey Quaglia	4:16.47	2008
3000M	Chris Gaube	8:26.15	2008
5000M	Art Gunther	14:34.85	1992
High Jump	Nick Tillman	6-9	2004
	Luke Shafer	6-9	2004
Long Jump	Brian Hamilton	24-2 ½	1999
Triple Jump	Don Smith	46-8 ½	1985
Pole Vault	Rory Quiller	18-6 ½	2008
Shot Put	Kevin Hall	51-7 ¼	2007
35# Weight	Justin Halleck	58-8 ½	2008
Pentathlon	Jon Kobrick	3301	1997
Heptathlon	Rory Quiller	5051	2005
4x400 Relay	Savinon, Nolan, Hampden, Stewart	3:17.72	2003
4x800 Relay	Reese, Kirk, Savinon, Von Staden	7:36.96	2002
DMR	Thompson, Walker, Wlodarski, Quaglia	10:11.47	2008

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100M	Chris Coleman	10.2	1989
200M	Joe Flucus	21.62	2005
400M	Cazal Arnett	47.00	2008
800M	Frank Savinon	1:51.86	2003
1500M	Erik van Ingen	3:49.11	2008
5000M	Art Gunther	14:48.3	1993
10,000M	Art Gunther	30:14.99	1992
110H	Jewdyer Osborne	14.19	1998
400H	Hasani Hampden	52.10	2006
Steeplechase	Adam Quinn	9:24.42	2008
High Jump	Daye Kaba	6-9	1996
	Nick Tillman	6-9	2003
Long Jump	Brian Hamilton	24-3 ½	1999
Triple Jump	Don Smith	47-7	1986
Pole Vault	Rory Quiller	18-1	2007
Shot Put	Kevin Hall	52-5 ¼	2007
Discus	Mike Ventura	164-5	1995
Hammer	Paddy Hennessy	189-2	2006
Javelin	Mike Ventura	207-11	1994
Decathlon	Keith Beck	6461	1998
4x100 Relay	Goldberg, DePaola, Case, Flucus	41.93	2005
4x400 Relay	C. Smith, Haupt, Massar, Arnett	3:12.43	2008
4x800 Relay	Kirk, Savinon, Reese, Von Staden	7:37.04	2002
DMR	Savinon, Hampden, Reese, Dresser	10:05.43	2003

WOMEN INDOOR

55H	Monique Hacker	8.10	1998
60H	Jamila Glean	9.15	2002
55M	Kim Williams	7.17	2007
60M	Kim Williams	7.84	2006
200M	Kim Williams	24.18	2007
300M	Keisha Short	41.42	2006
400M	Keisha Short	56.69	2007
500M	Dayna Johnson	1:15.90	2005
600M	Betsy Towlson	1:35.4	1981
800M	Joy Romulus	2:15.62	2004
1000M	Kim Law	2:58.87	2008
1500M	Sarah Bunting	4:36.88	1996
Mile	Shannon Finnegan	5:03.42	2008
3000M	Katie Radzik	9:57.33	2006
5000M	Katie Radzik	17:04.34	2006
High Jump	Crystal Joseph	5-6 ¼	1986
Long Jump	Nathalee McKenzie	18-9 ¼	2000
Triple Jump	Monique Hacker	41-8 ½	1998
Pole Vault	Kate Mullins	12-3 ½	2002
Shot Put	Sharon Quinn	41-0	1980
20# Weight	Marisa Yelverton	49-4 ½	2002
Pentathlon	Marsha Fiesinger	3195	2008
4x200 Relay	Modeste, Lloyd, Maxwell, Brady	1:45.06	2000
4x400 Relay	H. Wright, Short, Vinson, Williams	3:48.84	2007
4x800 Relay	Murnane, Kramer, Tursi, Romulus	9:17.84	2004
DMR	Tursi, Heisler, Romulus, Murnane	12:11.52	2004

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100M	Kim Williams	11.94	2007
200M	Kim Williams	23.83	2007
400M	Kim Williams	56.34	2008
800M	Joy Romulus	2:15.26	2003
1500M	Alice Willis	4:37.47	1985
3000M	Alice Willis	9:55.72	1985
5000M	Alice Willis	17:07.1	1985
10,000M	Erica Angell	35:57.09	2005
100H	Monique Hacker	14.32	1997
400H	Caitlin Wright	1:02.64	2008
Steeplechase	Lindsey Bohrer-Yardley	10:49.78	2004
High Jump	Crystal Joseph	5-7	1986
Long Jump	Dayna Johnson	18-11 1/4	2005
Triple Jump	Monique Hacker	41-7	1999
Pole Vault	Kate Mullins	12-2	2001
Shot Put	Sharon Quinn	43-6 ¾	1980
Discus	Laura Yelverton	151-4	2002
Hammer	Christine Iannello	156-4	1997
Javelin	Kate Mullins	125-5	2001
Heptathlon	Kate Mullins	4589	2001
4x100 Relay	Hinson, Short, Vinson, Williams	46.84	2007
4x400 Relay	Johnson, Vinson, Short, Williams	3:47.47	2007
4x800 Relay	Romulus, Bohrer-Yardley, Cornelius, Yaichuk	9:45.12	2003